## Relationship Coach Glenn Cohen releases book The Journey from "I-TO-WE" and companion workbook

The Journey from "I-TO-WE" book and companion workbook intended to guide couples on a journey to gain new awareness's, learn skills and practice techniques to become each others Best Friend during the Day, Lover at Night and Partner for Life.

May 17, 2008 - <u>PRLog</u> -- Charleston, SC – Relationship Coach Glenn Cohen releases The Journey from" I TO WE" and its companion workbook. Described as a guide that enables couples to be Best Friends during the Day, Lovers at Night and Partners for Life, the publication takes readers through a process of gaining awareness, learning skills and practicing techniques that lead them to enjoy a relationship filled with safety, trust, respect, friendship, passion, and love

Cohen, a Charleston, SC native who continues to live and conduct his coaching practice there, asserts that The Journey from 'I TO WE" takes a uniquely differently, highly effective approach. "With all the literature and seminars to build healthy relationships, we continue to live in a society in which marriages and partnerships are failing rather than thriving," he says. "That's because other 'experts' help you see the possibilities, but they leave you standing at the beginning of the path without a roadmap. I not only help you set goals that apply to your relationship, but I also explain the tools you'll need to achieve all that you desire, why you'll need those particular tools, how to acquire them, and how to make them work for you and your partner. In effect, I teach you how to change as an individual and as a couple."

Cohen adds that his 23- step, comprehensive Create an Emotionally Intelligent Relationship program has helped a number of couples turn their relationships around for the better. "If you are motivated and committed to this process, I can help you undergo dramatic change, move forward, and create a life you will love living."

Sold separately, The Journey from "I TO WE" book and companion workbook are now available online at www.i-to-we.org, Amazon.com, and retail bookstores, and other online outlets.

For more information, Contact: Glenn Cohen Certified Relationship Coach Personal, Couples and Business Coaching

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"I-TO-WE" Relationship Coaching helps individuals and couples gain the awareness, learn the skills, and become proficient in the techniques to Create Emotionally Intelligent Relationships at home, at work and

## within themselves.

Website: www.i-to-we.org

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Source Glenn Cohen / "I-TO-WE' Relationship Coaching

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