

## Plus Size Summer Fashions For Young Girls Showcased On Great Day Houston

*New host Debra Duncan presents fashion options that used to reserved for thinner girls*

**June 12, 2008** - [PRLog](#) -- Debra Duncan is no stranger to morning news, and she's covering hot topics in Houston. In her second day on the job as Host of Great Day Houston, she dove right into a topic that's close to her heart: growing up as a "chubby girl." Thankfully the clothing choices have improved in the years since she had to wear "the yellow frog on the back that said 'Whahh, Whahh, chubby section.'" In an interview with plus size apparel retailers Torrid and It Chick Clothes, she covered clothes that celebrate curvy girls.

Debra pointed out that clothes that used to be reserved for thin girls are now available in colors and styles that fit and flatter bigger girls. Plus size no longer means dowdy and frumpy, and the models on stage shone in trendy styles. A Torrid sundress in hot pink and black dresses up summer with a bang, and the It Chick cha-cha skirt is perfect for young plus size girls, as it has sewn-in shorts.

Debra Duncan showed a picture of herself as a young girl and discussed topics such as childhood obesity, organic eating, and fashion options for plus sizes. She opened up about her feeling left out in department stores as her older sister was able to wear the cute clothes, and she was relegated to the frumpier options in the "chubby section."

She brought It Chick Clothes and Torrid on to demonstrate how the fashion industry has changed. Larger girls no longer have to be resigned to looking like they don't fit in.

The It Chick models wore gaucho pants, scooters and stretch tops. They talked about not being able to shop comfortably in department stores and the relief they feel at wearing clothes that fit their figures. It Chick owner Emily Palit discussed the importance of fit for young plus size girls. "A larger piece may fit in the waist, but be too long in the legs and arms," she explained. Young girls do not need "older women's clothes tailored down, in the wrong colors, wrong styles."

The Torrid model wore a sundress and talked about what a relief it was to find Torrid in her local mall. Torrid spokesperson Elle discussed the importance of celebrating girls as they are, as well as celebrating confidence.

Watch plus size girls celebrate their confidence on Great Day Houston's Plus Size Fashion Segment at <http://www.khou.com/greatday/video/?nvid=251258>.

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It Chick Clothes believes every girl is beautiful and deserves great clothes. Our fashions flatter a variety of figures, and they are age appropriate. Clothes are available for girls ages 7 to 12 and in waist sizes up to 47 inches and hip sizes up to 50 inches. More information is available from Catherine Beebe at [itchickclothes@gmail.com](mailto:itchickclothes@gmail.com), 713-384-0520, and on the It Chick website, <http://www.itchickclothes.com>.

Website: [www.itchickclothes.com](http://www.itchickclothes.com)

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