

## “Body Contouring” Surgery Changes Weight Loss Forever

*New medical procedure revolutionizes the way we look and feel after massive weight-loss from gastric bypass surgery.*

**July 31, 2008** - [PRLog](#) -- “Body Contouring” Surgery Changes Weight Loss Forever

Leading plastic surgeon, Dr. Alan Bienstock, is paving the way in an under-the-radar form of surgery: Body Contouring. Although Dr. Bienstock is experienced with all the "usual" plastic surgeries like facelifts, tummy tucks, and breast augmentation, he is truly thrilled to be able to offer patients such a specialized art form within the field of plastic surgery.

"Patients who undergo gastric bypass can lose a significant amount of weight in a short period of time. Although weight loss will ignite a decline of health morbidities, it can leave individuals with circumferential body rolls and sagging skin in the breast, pubic area, thighs, arms and abdomen," explains Dr. Bienstock. "Body Contouring has evolved to combat this excess skin and rolls. The goals of body reshaping are to eliminate excess skin, improve skin hygiene, restore self esteem, decrease health risks, enhance health and beauty, and to enable patients to fit into clothing."

This procedure is a medical marvel. Patients that have undergone gastric bypass are often strapped with physical and emotional recoveries. Body contouring allows the patient to feel more confident, and actually improves health.

Dr. Bienstock is a leading plastic surgeon with practices in New York City and Princeton, New Jersey. His practice offers the full spectrum of plastic and reconstructive surgeries. He can be reached at (917) 257-7560 or at [info@drbienstock.com](mailto:info@drbienstock.com)

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