

Fitness Universe Pageant Miami Contestant, April Donelson, is Powered By Pasha's Healthy Cuisine

Pasha's Healthy Mediterranean Cuisine, a pillar in the South Florida community for healthy initiatives, partners with April Donelson, Brickell Magazine's 2009 top 20 under 40 for Miami Professionals, in her journey for the Fitness Universe Pageant.

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Pasha's Healthy Mediterranean Cuisine proudly announces the partnership with April Donelson, Miami contestant for the Fitness Universe Pageant, held June 19th, 2009 at the James L Knight Center- Downtown Miami Hyatt Hotel.

"We are so honored to partner with April Donelson in the Fitness Universe Pageant. April is the epitome of what we consider healthy. She lives a healthy lifestyle by working out, not using unnatural supplements, and following a consistent Pasha's Healthy Mediterranean Diet. She is also involved in the community and lives by example, showing young women that they can be successful, beautiful and healthy on their own." Alessandra Grieco, Marketing Manager of Pasha's.

"I am so thrilled to have the support of Pasha's in my journey towards the Fitness Universe Pageant. I have been a long time Pasha's customer. I have so much respect for their philosophy and initiatives towards healthy living and the strides they have made towards healthy living in our community." April Donelson, Fitness Universe Pageant Competitor

The Fitness Universe Pageant is part of the Muscle Mania Fitness Weekend taking place June 19th through June 21st which entails over 500 competitors competing in fitness, body building, bikini, figure and model competitions. The Fitness Universe Pageant starts Friday, June 19th at 7:00pm.

For more information log on to www.pashas.com/fitness.html

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Pasha's Healthy Mediterranean Cuisine is a leading healthy restaurant chain in Florida in the field of healthy food. Pasha's was conceived as a Harvard Business School project in Boston with the objective of offering healthy Mediterranean cuisine that is easily available to customers with quick service and delivery and catering.

Pasha's products are prepared fresh from scratch everyday with fresh ingredients, no trans fatty acids, and no additives.

Pasha's partnership program with top fitness facilities, holistic and metabolic coaches, medical facilities and nutritionists allows individuals to take out all the guess work on living a healthier life.

Pasha's currently has eight units throughout South Florida – Lincoln Road, Brickell Ave, Miami Design District, Aventura Mall, North Miami Beach, University of Miami Wellness Center, The Sports-Club LA at the Four Seasons Hotel, Miracle Mile/ Coral Gables.

For more information log on to www.pashas.com

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