## Decisions on Divorce: What you want out of it, if you really want out

Lowenstein Brown, Divorce Financial Solutions and Survive Divorce & Thrive present Divorce Decisions: What do you want to get out of it, or do you really want out? The event will be an empowering tool for those contemplating/navigating divorce.

**Feb. 4, 2010** - <u>PRLog</u> -- Lowenstein Brown, Divorce Financial Solutions and Survive Divorce & Thrive will present Divorce Decisions: What do you want to get out of it, or do you really want out? The powerful, collaborative event is designed to be an empowering and educational tool for those contemplating or navigating a divorce. Attendees will leave the event with clearer expectations and less confusion about the process and the options.

The event will be Thursday, January 28, 2009 at 6:00 pm at the law offices of Lowenstein Brown, 2650 Camino del Rio North, Suite 308 in San Diego. Michele Lowenstein, one of the seminar presenters, remarked "We are excited to bring this three-pronged informational approach to the community. Divorce issues are a tangle of legal, financial and emotional considerations – but no one professional addresses all three. At this event, experts from the three disciplines will be in one room addressing issues of concern and relevance to those in the community considering, or involved in, divorce."

Seminar presenters will offer an honest and timely assessment of several aspects of divorce decisions:

- An overview of the legal system including divorce options: Litigation, Mediation, Collaboration
- What to know about custody issues
- How to prepare financially, including how to evaluate living expenses including children
- The evolution of financial changes and how it affects you
- Tips for setting the tone of your divorce and navigating your emotions
- How to communicate with your children and ex-spouse

Cinda Jones, another presenter, commented, "In a divorce, the law affects money, money affects emotions, and emotions affect how we interact with the law. It's only natural that these three topics should be discussed together." Jennifer Horton, the third presenter, added, "Having the right coach for the right task, choosing an expert with your best interests at heart, is vital for your legal, financial and emotional well being."

Cost is \$30 and includes refreshments beginning at 5:45 pm; RSVP is due by 12 noon on January 25, 2010 at www.meetup.com/Divorce-Decisions.

## Presenters:

Michele Sacks Lowenstein is a Certified Family Law Specialist (member of the California State Bar) in San Diego and has been a practicing family law attorney for 28 years. Michele has been selected by the San Diego Daily Transcript as a top attorney, as well as a Super Lawyer in 2007, 2008 and 2009. Martindale-Hubbell recognizes Michele Sacks Lowenstein as an AV® rated attorney, the highest such rating available to any individual lawyer. Michele is the current as well as a past Chairperson of the Family Law Section for the San Diego County Bar Association.

Website: www.lowensteinbrown.com

Cinda Jones has been a Certified Divorce Financial Analyst since 1997. She has also been a member of the Collaborative Family Law Group of San Diego since its inception in 1999. Cinda is specially trained to

help couples or individuals with the preparation of financial information and the analysis of settlement alternatives in connection with divorce or the dissolution of a marriage or a domestic partnership.

Website: www.DivorceFinancialSolutions.com

Jennifer Horton is a Certified LifeSuccess Consultant, a Certified Harmonic Wealth Coach and a Graduate of the Center for Coaching Mastery at Coachville. After surviving and learning to thrive after her own divorce, she developed a passion for helping others navigate the painful process of ending a marriage. She supports her clients from a position of non-judgmental awareness to elevate their sense of control, compassion and clarity during the divorce process and beyond.

Website: <a href="http://www.SurviveDivorceAndThrive.com">http://www.SurviveDivorceAndThrive.com</a>

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