# Volunteer Abroad in Nepal Patan Kathmandu Bhaktapur Medical Nurse Orphans www.abroaderview.org

Volunteering Abroad in Nepal: Nepal is a magical Himalayan country with an unusually diverse landscape. Eight of the world's ten highest mountains, including Mount Everest, are found in Nepal, making it a haven for trekking, and hiking

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nepalVolunteering Abroad in Nepal: Nepal is a magical Himalayan country with an unusually diverse landscape. Eight of the world's ten highest mountains, including Mount Everest, are found in Nepal, making it a haven for trekking, mountain biking, and hiking. The country is also known for its national wildlife parks, jungle safaris, river rafting, and its many beautiful temples and places of worship. Nepal offers visitors a mix of ancient and modern with common sites like cows walking down the streets, Buddhist monks talking on cell phones and local children playing on 1000 year-old temple ruins.

The population of Nepal is approximately 27 million people; almost half of them are under 18 years old. Nepal is one of the poorest countries in the world, most people living on less than \$1000 a year. Almost 80% of the population still makes a living from agriculture. The rate of unemployment is almost 50% and poverty levels are very rampant. Nepal's youth is quite large, accounting for almost half of the population. Many children are orphaned, abandoned, homeless and living on the streets.

Our orphanage program, located in Lalitpur (Patan), Kathmandu and Bhaktapur provides children with basic necessities like education, food, shelter, health facilities, in a nurturing community environment. Our programs allow you to take part in meaningful community service work, while discovering the people, sights, smells and tastes of Nepal.

This is a great opportunity to make life-long friends, learn a new culture from the inside out and discover that one person really can make a difference.

Volunteering with us and see A Broader View of the World.

### Location pages:

- \* Patan
- \* Kathmandu
- \* Bhaktapur
- \* Nepal

### http://www.abroaderview.org/nepal.php

Volunteer in Kathmandu Nepal - Volunteering Abroad Opportunities

Volunteer Abroad in Kathmandu Nepal: is a captivating place. It is the capital and largest city of Nepal, and offers visitors a mix of the modern life and ancient culture. The city is situated in Kathmandu Valley, along with the cities of Patan and Bhaktapur where our other volunteer programs are located. A visit to Kathmandu is like stepping back into the 12th century. Parts of this bustling city are very crowded and run down, and other areas are architecturally stunning and home to numerous notable Hindi and Buddhist temples, monkeys, and ancient buildings.

Kathmandu is the gateway to the Himalayans and attracts hikers and climbers from around the world. There are numerous things to see and do around Kathmandu. Among the highlights are the Three Goddesses Temple, Durbar Square, Swayambhunath (Monkey Temple), Mahakala Temple, Pasupatinath and Bodhnath and shopping and bargaining around the touristy Thamel area.

Today, Nepal is one of the poorest countries in the world, most people living on less than \$1000 a year. Almost 80% of the population still makes a living from agriculture. The rate of unemployment is almost 50% and poverty levels are very rampant. Nepal's youth is quite large, accounting for almost half of the population. Many children (mainly girls) are orphaned, abandoned, homeless and living on the streets. Our programs in Kathmandu work with an orphanage home to over 100 girl, providing meals, a place to live and vocation skills to create a better future. Join us today!

With a stunning backdrop of the tallest mountain peaks in the world, warm hospitable people and old world charm, Kathmandu is a exciting place to visit and volunteer. Take a step back in time, volunteer in Nepal.

We offer the following programs in Kathmandu:

Program Length: 1 to 24 weeks

Program Date: Flexible Start & End Date

Work Schedule: Monday-Friday, 8 hour per day

Accommodations: Home stay. Meals: Yes, 3 meals a day

Requirements: 17 years or older, an open mind to new adventures.

Children's Home/Orphanage

Volunteer at a Children's home which houses 100 girls; infants to 18 yrs old. These children are orphans, some have been abandoned, and some have parents but still require extra support.

The orphanage offers a full range of services for the girls with separate rooms for studying, dining, sleeping, and bathing. In addition, auxiliary services such as a clinic and isolation room for the sick children, a beautiful playground, and activities room all within a secured and child-friendly environment. Volunteers help with teaching English, caring for infants, meal preparation and teaching of vocational skills such as sewing, computers, farming – assets needed to building a sustainable future for these woman and girls. Prior experience not necessary, volunteers should have a lot of patience, an open mind and a sense of compassion.

### Woman's Support Projects

Despite significant progress in the status of Nepali women, following the political changes in 1990, equality remains elusive. In fact, the current conflict has worsened their situation. Although some constitutional and administrative provisions have been adopted to ensure women's equality, discrimination persists in practice. Statistics revel a grim picture: Nepali women are worse off than most other women in the world. In a global comparison of the status and women, based on indicators of health, marriage and children, education, employment, social equality and political participation Nepal received one of the lowest scores. Our volunteer projects provide the opportunity to help the destitute women in Nepal by giving them support, guidance and training.

As a volunteer, you will work with the local woman's group by teaching English; help to initiate income generating activities and to create sustainable solutions to the challenges the woman face on a day to day basis. You can assist in training woman in several life and income generating skills and to carry out research to find alternative solutions to fight poverty. Volunteers assist with health education such as HIV/AIDS, child rearing, nutrition, yoga, and sanitation, sewing, bead work, pig farming and other community outreach programs. Volunteers also write grant letters to mobilize resources to assist in the procurement of equipment, materials and supplies needed for income generating activities. No specific requirements except willingness and enthusiasm to help women. The mission on this program is to help foster the growth of independent, self-sufficient, decision-making women, by encouraging self empowerment.

### **Program Includes:**

Airport transportation on arrival, in-country orientation and project briefing with ABV Project Director, placement in program, Meals and accommodations with a local host family nearby to the project site, Support of on-site Project Director, departure transfer at the end of the program.

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Volunteer Abroad Programs - Volunteering Work Opportunities

Welcome to A Broader View Volunteers! We offer international volunteer projects for the globally-minded individual searching for a unique travel experience. Our volunteer projects are available year round in Central America, South America, Asia and Africa.

We offer customized programs with flexible start dates. You choose when you want to volunteer and for how long. We personalize each program to suit your skills and preferences. Regardless if you are traveling solo, with your family, on a spring break, gap year or medical mission, we can arrange a rewarding volunteer experience.

A Broader View Volunteers Corp is a 501 c (3) tax-exempt charity. All program costs, including the cost of airfare, are tax-deductible.

## http://www.abroaderview.org

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