

## Say Goodbye To Acne With Obagi

*There is no other better way on how to describe the embarrassment from acne than how Sulzberger and Zaldems (1948) described it*

**Nov. 19, 2008** - [PRLog](#) -- There is no other better way on how to describe the embarrassment from acne than how Sulzberger and Zaldems (1948) described it "There is no single disease which causes more psychic trauma, more maladjustment between parents and children, more general insecurity and feelings of inferiority and greater sums of psychic suffering than does acne vulgaris." --Sulzberger & Zaldems, 1948

The team at OBAGI knows how important clear skin is to anyone. And because of this, OBAGI has introduced its proven acne skin system in the form of CLENZIderm M.D. With this clinically proven treatment, breakouts are reduced and clearer skin is visible in just two weeks. The OBAGI CLENZIderm M.D. follows a three-product system that should be used step by step starting off with a foam cleanser, followed by pore therapy and serum gel.

Acne is caused by several factors and it primarily revolves around abnormal flaking of cells inside the hair follicle. When there is dirt built up in the hair follicles, it causes the follicles to get clogged, which can lead to swelling and cause redness. Bacteria found on the surface of the skin and an imbalance in hormones also add to the cause of acne. Acne scars are caused by the body's inflammatory response to sebum, bacteria and dead cells that are trapped in the plugged follicles. Acne scars are results of what is left by the process of the body's attempt to heal the damaged area.

Blogs, websites and forums that talk about acne have listed a few quotes from acne sufferers on how acne has affected their lives. An anonymous sufferer posted this on the Acne Net site stating "I don't look in mirrors.... I am like a vampire--I shy away from mirrors. I comb my hair using my silhouette on the wall to show the outline of my head. I have not looked myself in the eyes in years, and is painful not to be able to do that, and that is a direct result of acne, the acne scarring."

These testimonials show the extent of the psychological, emotional and social disturbances that acne can cause. Clearing up the acne would relieve the source of these disturbances, but many people don't realize that something can be done. That's why the folks at OBAGI have come up with a pain free solution of getting rid of acne through the clinically proven CLENZIderm M.D..

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About Obaging:

Obagi is a skin care line that was founded by Zein Obagi MD who is a dermatologist in the early 1990s.. His products are used worldwide and are said to be very effective and safe to use and is designed to help those with uneven skin color as well as photo damaged skin. Obagi's products are available in a multi-step systems which help your skin rejuvenate and grow healthy again.

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