

Children's shoes news by Mini Barratts - November 2008

Following information has been brought provided by Mini Barratts - online retailer specialising in children's shoes. Specialising in many beyond just boys shoes and girls shoes.

Nov. 24, 2008 - [PRLog](#) -- Making sure the shoe fits

Ensuring that kids are wearing sturdy and well-fitted shoes this weekend may prevent a nasty accident befalling them during Halloween celebrations. Safe Kids Roanoke claims that parents should take special care if they are planning to take their little ones out trick-or-treating this Friday (October 31st), as the dark winter evenings may make it hard for drivers to spot children in dark costumes. If kids are also wearing ill-fitting shoes it could increase the risk of them tripping and hurting themselves, or even falling into the road, Rockbridge Weekly reports. Some simple tips mums and dads could follow that may better ensure their children's safety - but not diminishing their fun - may be to make sure they are wearing bright and reflective costumes that do not trail on the floor. Jill Lucas, coordinator of Safe Kids Roanoke said: "Ensuring kids are seen this Halloween is essential to keep this holiday fun for everyone." Meanwhile, online resource Dolphin has claimed that dressing up in mum's high heels is not a good plan for safe walking as it may increase the likelihood of tripping.

Parents 'should watch kids' online activity

Parents have been advised by one sector commentator to speak to their children about their internet habits.

A spokesperson for the Child Exploitation and Online Protection Centre also recommended that mums and dads develop an understanding of the online environments their kids are visiting. She added that this could include whether young people were using the internet for social networking or instant messaging. "We believe that parents play a vital role in the protection of their children online," the representative explained.

A recent survey conducted by Norton revealed that 25 per cent of guardians in the UK do not know what their kids are looking at online. Meanwhile, 19 per cent of children say they do things online their parents would not approve of. Less than half (44 per cent) of mums and dads have spoken to their young ones about how to ensure they are practicing safe internet habits.

Tips for an economic break

With parents across the UK preparing for their kids to get back under their feet during the half-term break, Tesco Finance has provided a number of tips on how to enjoy the holiday without breaking the bank. For families planning to go away on vacation, the group advises negotiating airport transfers in order to save money on airport taxis and making sure they are familiar with current currency conversions. Parents considering getting a hire car should shop around for the best and most comprehensive deal but many European cities have bikes to rent which could be cheaper, healthier and more fun for the kids. Instead of eating in pricey city cafes and restaurants, families may find it is more economical to pack a picnic for the day's excursion using fresh local produce. Rachel Cutler, head of Tesco Travel Insurance, said: "Holidays don't have to be expensive, with a little planning and some clever cost cutting you can still enjoy a happy half term together without fearing for your finances - even during the credit crunch." Meanwhile, children who learn to cook could end up with a healthier lifestyle, child psychologist Dr Pat Spungin has claimed. School dinners 'easier said than done'

Many schools in the UK are likely to have a policy in place that prevents children from leaving during breaks and lunchtimes, parents may be pleased to hear. Tam Fry, chairman of the Child Growth Foundation, said that this scheme could well have been designed to ensure that kids are eating healthily during the day. He added that if pupils were allowed to leave during the middle of the day they may be tempted to go and buy fish and chips or fast food, rather than having one of the balanced meals prepared in the school canteen. However, Mr Fry added: "I think the school can keep them in. The problem, however, is that this is going to be easier said than done." According to the 2007 Foresight report Tackling Obesities: Future Choices, it has been estimated that about 28 per cent of women and 33 per cent of men in the UK will be obese by 2010. Meanwhile, parents concerned about their kids' welfare at school should also ensure

that they get them properly fitted for shoes in order to ensure that no accidents can occur and their feet have room to grow.

The key to good shoe fitting

Parents have been offered some useful advice on how to make sure their children's shoes fit snugly to allow healthy growth and prevent the risk of accidents. The Children's Foot Health Register said that young, growing feet can be vulnerable and it takes up to 18 years for them to fully develop. For example, when a baby is born its foot will contain 22 partially-developed bones, which increases to 45 bones by the time a child starts school. Over the next 13 to 14 years, all of these bones fuse together to form an adult foot containing 26 bones. "While most parents recognise the need for correctly fitting shoes during a child's early years of walking life, few realise that children's feet remain vulnerable to ill-fitting shoes right through their school days," the Register claims. Meanwhile, Family Day Care Australia has claimed that a group of experts is warning mums and dads of the unsuitability of Crocs-style rubber clogs for kids.

Resources:

Mini Barratts sells a wide range shoes, boots and accessories for girls and boys from across nursery, infant and junior ages. Through their own label product, they have developed a fantastic range of kids shoes for all occasions with a focus on quality and value. All the little ladies will no doubt find satisfaction in vast selection of girls boots, girls school shoes as big as girls shoes size 7.

Mini Barratts is a trading name of Stylo Barratt Shoes Limited, which is a wholly owned subsidiary of Stylo PLC based in Apperley Bridge, Bradford, West Yorkshire. For more details please visit the company's website on <http://www.minibarratts.co.uk>

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Source Ali Shah
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