## Improve Blood Circulation to Legs and Feet Without Surgery or Drugs!!

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**Jan. 29, 2009** - <u>PRLog</u> -- Discover the Secrets The Drug Companies and Doctors Don't Want You To Know...

How To Improve Blood Circulation to the Legs and Feet Without Surgery or Drugs!!

If you are over 50, or chronically suffering from cold hands and feet and that irritating tingling sensation in your arms and/or legs when you sit too long, then listen up!

This could be the most important letter you'll ever read!!

These are symptoms of Peripheral Artery Disease, or poor circulation in the extremeties of the body, more specifically, the legs and feet. The arms and hands are also affected by this problem.

The human circulatory system is a wonderful thing. It carrys life-giving oxygen and nutrients to all parts of the body and bringing waste products back to the lungs, liver, and kidneys on its return trip.

When any substance like cholesteral (blood fat) or blocked arteries (plaque build up in the arteries) causes the flow of blood to slow down, it affects every other part of the body.

You see, any time blood is restricted from flowing freely through the circulatory system, it just doesn't affect the area containing the restriction, it also affects every other part of the body, including the Brain!

Decreased blood flow to the brain can cause many other ailments including but not limited to:

Decreased motor functions like walking, eating, talking, even breathing! Limits to your ability to think clearly and make decisions! The eyes can become weakened due to lack of oxygen and nutrients! The liver and kidneys can't remove toxins from the body as well! Any amount of exertion can cause breathlessness and dizziness! All these ailments and more can be caused by poor blood circulation.

Poor circulation can also lead to blood clots which left untreated, can lead to amputation, heart attack, stroke and even Death!

That's why you need treatment for any issue with circulation as soon as you think you might have a problem. That's why you need ... "10 Ways To Improve Blood Circulation"

You Can Find Relief From Poor Circulation Without Harmful Drugs or Painful Surgery!!

In this 20 page PDF report you will discover:

The one natural herb you probably have in your kitchen right now that is SO POWERFUL, it has been known to revive heart attack victims After they had already been pronounced dead!!

The 5 main symptoms of Peripheral Artery Disease. Know immediately if you need to be checked for poor circulation!!

The 5 main risk factors of Peripheral Artery Disease, and the effects they can have on your whole body!

5 things you can do to lessen the effects of poor circulation - Without taking drugs or surgery!

A wild berry that not only helps to improve circulation, but has also been used by fighter pilots before a night-flying mission to improve their Night Vision!!

6 traditional treatments for poor circulation and varicose veins.

11 More Herbal remedies that have been proven to reverse the effects of poor circulation and give your body a whole new vitality!

2 Bath solutions that will improve circulation and revitalize your senses! Relax your way to a younger and healthier body!

6 appliances and specialty beds you can get to lessen the effects of poor circulation. Finally be able to get the good night's sleep you've been craving for so long!!

19 resources to find more information on Peripheral Artery Disease and the remedies you can use right now to combat the effects!

You Will Discover All This And More When You Access This Revealing Report!!

These are just the highlights of what is covered in this revealing report.

I want you to understand, now, that I am NO doctor, and I don't claim to be giving medical advice. I didn't make this stuff up. I have just done some research on the subject and am reporting on what I have found.

As with any medicinal regimen, you want to check with your doctor before you stop taking any medicine or drugs he may have prescribed for you.

At the same time, the remedies I have listed in this report have clinical studies and testimonials to back up the claims made. I have listed the links to the websites where I gleaned my information so you can read the documentation for yourself before you commit to any herbal treatments.

I will tell you though, that I am using these remedies myself.

I have been using just 2 of the remedies in this report, and after only 5 days, I can already tell the difference in my ability to drive for more than 30 minutes at a time without my legs hurting so bad I can hardly sit in the seat.

Don't you owe it to yourself to at least investigate better health? Grab your copy now. This report comes in an Adobe PDF that you will download directly to your computer. Since it is a PDF file, it can be read on any computer with the free Adobe Reader - either PC or Mac.

## For more information, please visit www.SonicPoint.com/ipx.php/361-5

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We are committed to getting out to the public information on how you can face major health problems in alternative, natural ways. Here are some other titles that may be of interest to you.

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