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Sept. 15, 2009 - <u>PRLog</u> -- CONTACT: Rebecca Sills Director of Public Relations
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## FIRST INCISIONLESS SURGERY TO TREAT HEARTBURN IN DALLAS PERFORMED AT FOREST PARK MEDICAL CENTER

Dallas (August 20, 2009) – EsophyX is the first device for incisionless reconstructive surgical treatment of gastroesophageal reflux disease (GERD) and is based on the principals of surgical repair of the gastroesophageal junction.

EsophyX is now available from Dr. Glenn Ihde and Dr. Victor Gonzalez at Forest Park Medical Center in Dallas. Dr. Ihde and Dr. Gonzalez are leaders in the treatment of GERD, and the first in Dallas trained and performing the EsophyX procedure. "EsophyX can significantly improve quality of life for our patients," said Dr. Ihde. "Many reflux patients are unable to drink carbonated or caffeinated beverages or eat foods or fruit without triggering reflux. They also sleep sitting up to reduce nighttime reflux. After the EsophyX procedure, clinical trials show that most patients can eat and drink foods they avoided for many years. Reflux no longer impacts their life like it previously did."

EsophyX represents the third generation of surgery. The transition from open surgery to laparoscopy has been regarded as the major advance in surgery in the last two decades. Laparoscopy reduced the skin incisions typical of "open" surgery to only three to five "port" holes. However, laparoscopy still involves the same internal incisions and organ dissection as open surgery. EsophyX is a giant advancement, avoiding incisions and dissection altogether. Because of this reduced invasiveness, EsophyX lowers the hurdle for receiving an anatomical restoration of the antireflux barrier and allows earlier intervention.

For the millions of Americans diagnosed with GERD and not fully satisfied with their treatment options, EsophyX offers an excellent alternative. "Recent studies of EsophyX have shown that the procedure can reduce patients' dependency on medications, with 70% of patients remaining symptom free after two years and experiencing a dramatic improvement in their quality of life," said Dr. Gonzalez. "We are very excited to be able to offer our patients the same incredible benefits with minimal risk," he added. For more information on this procedure please call Referral Services at Forest Park Medical Center at 469.624.5748.

## About Forest Park Medical Center

For more information please contact Forest Park Medical Center's Referral Services department at 469.624.5748, or check out our website at www.forestparkmc.com.

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Forest Park Medical Center is a full-service, acute-care hospital that includes state-of-the-art, fully integrated operating rooms, an innovative imagining center and world-class surgical equipment pioneering today's most advanced breakthroughs.

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